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# Dance at the Crossroads of Time: Between Tradition and Innovation

Gusti Dhiya Afifah; Kusnadi

Master Study Program in Art Education, Faculty of Language, Arts, and Culture Yogyakarta State University, Indonesia

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### Abstract

Dance is an integral part of cultural heritage that reflects the identity, values, and traditions of a society. However, developments influenced by globalization, modernization, and technology have brought dance to the intersection of preserving tradition and implementing innovation (Wang, 2021). This article will discuss how dance has dealt with these changes, highlighting the important role of tradition in maintaining the authenticity of dance while exploring the innovations that have emerged in contemporary forms. A qualitative approach is used in this research with triangulation validation to gain a deep and thorough understanding. The results show that tradition in dance functions as a cultural root that maintains local values and community identity. However, in the midst of globalization, dance is also transformed through innovations that involve the use of technology, cross-disciplinary collaboration, and exploration of contemporary themes. While innovation expands dance's reach to a global audience and offers novelty in forms of expression, challenges arise in maintaining cultural essence amid global homogenization. The conclusion of this article confirms that dance is at the crossroads between tradition and innovation. The balance between the two is crucial in ensuring that dance not only remains relevant in the modern era, but also maintains the cultural values that have been passed down from generation to generation. By maintaining traditional roots while being open to innovation, dance can continue to thrive as a rich and meaningful medium of cultural expression, as well as a bridge for intercultural dialog in a globalized world.

**Keywords:** Dance; Innovation; Modern

# Introduction

Dance is one of the most ancient art forms, with deep roots in every human culture. Since prehistoric times, humans have used gestures as a means of communication that transcends the limitations of language, becoming a means of expression that depicts feelings, cries, and even prayers to divine forces. Dance was born from the desire to celebrate life, create harmony, and bridge the connection between humans, nature, and the transcendent. In various parts of the world, dance art grows with its own characteristics, reflecting the richness of traditions, cultural values, and changing times. In this context, dance becomes more than just entertainment, but also a living cultural archive, where every movement holds stories about the past, collective identity, and hopes for the future.

However, dance also faces great challenges in the modern era. Globalization, technology, and shifts in people's lifestyles have brought dance to a more complex intersection. On the other hand, dance tradition is often considered a priceless heritage that needs to be preserved as it is. Every movement, costume, and musical accompaniment has a deep meaning that is often threatened with disappearance if it is not closely guarded. On the other hand, the younger generation, with a high spirit of innovation, continues to try to create new dance forms that are more relevant to the dynamics of the times. in this process, a trade-off arises between maintaining the authenticity of tradition and providing space for creativity to develop. The question is, how can dance find a balance between these two poles without losing its identity?

Furthermore, dance now not only speaks in a local context, but also competes and collaborates in the global cultural landscape. Dance traditions from different countries are now easily accessible through digital technology, creating opportunities for dance to be more widely known, but also risking the dissolution of local identity in global homogenization. At the same time, innovations in dance often utilize technology, such as the use of visual effects, electronic music, and collaboration with contemporary visual arts, to create spectacular performances that attract the attention of younger generations. This transformation makes dance a dynamic medium, able to reflect the social, political, and economic shifts of modern society.

This article will explore how dance art is at the intersection of tradition and innovation, and how these two elements can complement each other to ensure its sustainability. By looking at various cases and examples from different parts of the world, this discussion aims to show that dance is not only about the beauty of movement, but also about the struggle to maintain relevance in the midst of ongoing changes. Dance is a bridge that connects the past, present and future, a journey that requires a balance between honoring cultural heritage and meeting the challenges of modern creativity.

#### Research Methods

This research uses a qualitative approach to explore the dynamics of dance at the intersection of tradition and innovation (Maxwell, 2008). This approach allows researchers to understand dance as a complex cultural phenomenon, full of symbolism, meaning, and social context. This research focuses on the analysis of secondary data obtained from various documents, such as journal articles, books, dance performance programs, art criticism, and cultural archives. The analysis aims to reveal how tradition in dance is maintained and preserved, as well as how innovation affects the form and meaning of dance in the contemporary era.

In the process of data analysis, it is carried out through interpretative techniques, by examining narratives, patterns, and themes that appear in relevant literature. This research relies on data collection from various credible sources, including previous research, art criticism, and dance performance documentation. In this case, the research does not rely on only one type of source, but also combines data from various perspectives in order to gain a more comprehensive understanding. For example, academic texts on traditional arts were analyzed alongside documentation of contemporary performances to identify the crossover between tradition and innovation.

To ensure the validity of the research results, data triangulation techniques were used. This technique involves comparing information from different sources to ensure consistency and accuracy of findings. For example, analysis of historical documents was compared with contemporary descriptions in articles or art reviews to identify continuity or change. Not only does this approach help reduce potential bias, it also provides a richer picture of the evolution of dance. Triangulation also allows the researcher to re-examine the findings in different contexts, ensuring that the conclusions are not only theoretically relevant, but also reflect the reality of the field.

Through this approach, the research aims to reveal how dance serves as a bridge between rich traditions and evolving innovations. Through in-depth analysis of the data collected, it is hoped that this research can provide meaningful insights into the sustainability of dance amidst the challenges of globalization and modernization.

## **Discussion and Results**

#### The Role of Tradition in Dance

Tradition in dance has a very important role as a marker of cultural identity, a carrier of noble values, and a medium of expression that connects past generations with the present. Traditional dance is often born from religious rituals, traditional celebrations, or collective expressions of the community that illustrate the core values of their lives (Kealiinohomoku, 1997). In this context, every movement, costume, musical accompaniment, and performance structure is not only part of the aesthetics, but also loaded with symbolic meanings that reflect the worldview, spiritual beliefs, and social structure of the community that gave birth to the dance art. For example, Thai classical dance such as Khon is not only a visual performance, but also represents the Ramayana epic rooted in Hindu-Buddhist traditions, making dance a tool to teach moral and spiritual values to the younger generation.

Furthermore, tradition in dance serves as a living cultural archive, where the history, mythology, and identity of a community are passed on through gesture (Lepecki, 2010). In traditional arts, the narratives conveyed often include stories involving ancestors, deities, or heroes, so dance serves as a bridge connecting the present and the past. This tradition provides an important sense of continuity, especially in the midst of changing times that often threaten the roots of local culture. As a marker of identity, traditional dance allows a community to distinguish itself from other groups, strengthen a sense of community, and build pride in their cultural heritage.

However, the role of tradition in dance is not only static; it is also a dynamic element that continues to evolve according to the socio-cultural context of the community. In many cases, traditional dance serves as a space for dialog in negotiating local values with outside influences. For example, the influence of colonialism or globalization has affected many dance traditions in the world, but the core elements of the tradition are often retained in maintaining its essence. In this process, the tradition not only survives, but also becomes more relevant in the modern context, allowing the art of dance to live on among younger generations who have a different way of looking at the world.

On the other hand, the sustainability of tradition in dance faces great challenges in the modern era. Modernization, urbanization and globalization often reduce the space for the preservation of dance traditions, especially in urban areas where people are more exposed to modern forms of entertainment. Under these conditions, traditional dance must strive to remain relevant without losing authenticity. Arts education institutions, cultural festivals, and support from the government play an important role in ensuring that dance traditions remain alive and valued. In addition, the involvement of technology, such as digital documentation and social media platforms, also provides new opportunities to preserve and promote traditional dance to a wider audience.

With all its values and challenges, tradition remains at the core of dance. It is the root that provides strength and stability, a foundation that allows dance to evolve while remaining connected to its origins. Therefore, the role of tradition in dance is not only as a legacy, but also as a vital element that ensures dance remains meaningful and relevant in the future.

## **Innovation in Contemporary Dance**

Innovation in contemporary art is a natural response to the changing times and the evolving socio-cultural dynamics of money. Dance, like any other art form, cannot be separated from the context in

which it lives and interacts. In this modern era, innovation emerges as a drive to reflect new realities, expand aesthetic boundaries, and attract the attention of younger generations who have different artistic preferences from their predecessors. In this context, innovation does not only mean updating movement forms, but also includes the exploration of themes, the use of technology, cross-disciplinary collaboration, and the reinterpretation of rich traditions. Contemporary dance presents greater freedom than traditional dance, allowing artists to express more personal political, or experimental ideas, which often cannot be accommodated within a traditional framework.

One of the most prominent aspects of contemporary dance innovation is the use of technology. Technology has opened up new opportunities to create more immersive and spectacular dance experiences. The use of dynamic lighting, video projects, and motion sensors allows dance artists to present visual dimensions that were previously difficult to achieve. For example, dance performances with three-dimensional projection backdrops create the illusion of movement that transcends the boundaries of the physical stage, connecting the dancers' movements with visual elements that change in real time. Electronic music and digital sound are also often used to replace traditional music, creating a futuristic atmosphere and evoking different emotions. These technologies not only enrich the aesthetics of contemporary dance but also make it more relevant to modern audiences who are familiar with the digital world.

Another innovation is also seen in the exploration of contemporary themes that reflect global and local issues. Contemporary dance often addresses issues such as identity, gender, environment, social conflict, and globalization, making it a medium that critiques the state of the world. Dancers and choreographers are no longer bound to mythological or historical narratives as in traditional dance; they are free to create new stories that are more relevant to current realities. For example, many contemporary dance performances combine expressive movement with poetry, visual art or installation, creating multidimensional performances that provoke discussion and deep reflection from the audience.

In addition, cross-disciplinary collaboration is one of the hallmarks of innovation in contemporary dance. Choreographers often work with artists from different fields, such as visual artists, musicians, architects, or even scientists, to create unique and exploratory works. Such collaborations not only enrich the dimensions of dance but also expand the audience for the work. For example, a collaboration between a choreographer and an installation artist can result in a dynamically changing stage, creating a complementary visual and movement experience.

However, innovation in dance does not always run smoothly. Tensions between tradition and innovation often arise, especially when innovations are perceived as too radical, blurring the cultural identity of the dance. Criticism of contemporary dance sometimes arises from those who argue that this kind of dance is too far removed from its traditional roots, thus losing the cultural values on which it is based. However, innovation in contemporary dance is not meant to replace tradition, but rather to enrich the art form with relevant new ideas.

By adopting innovation, contemporary dance manages to become an ever-evolving space for exploration, connecting generations and reflecting the complexity of the times. Innovation allows dance to stay alive in the current of globalization and modernity, offering new ways of understanding, appreciating, and expressing meaningful art. Contemporary dance shows that although it changes form, its essence remains grounded in the power of movement as a universal medium for telling the human story.

## The Impact of Globalization on Dance

Globalization has had a broad and profound impact on dance, both in terms of preserving tradition and creating innovation. One of the positive impacts of globalization is the spread of dance to a wider audience through modern communication technologies such as the internet, social media, and streaming platforms (Hertz, 2023). Dance art that was previously limited to local communities can now be performed on the international stage and appreciated by the global community. Dance performances from Asian, African or Latin American cultures, for example, can easily be found on digital platforms and

attract the attention of fans from other parts of the world. This provides a great opportunity for dance artists to introduce their traditions to the world, create a space for cultural dialogue, and strengthen their cultural identity in a global context.

However, on the other hand, globalization also brings challenges to the preservation of traditional dance. One of the emerging threats is cultural homogenization, where local dance art is at risk of losing its uniqueness and authenticity due to the influence of global popular culture dominated by the west. For example, traditional dance that is full of symbolic eating is often replaced by modern dance forms that prioritize visual and commercial entertainment. In an effort to meet global market tastes, some traditional dance elements that are complex and difficult for international audiences to understand may be simplified or even eliminated. As a result, traditional dance risks losing the cultural values at the core of its existence, becoming a mere consumer product without the depth of meaning it once had.

Globalization also affects the way dance is perceived by global audiences. With easy access to various forms of dance through digital media, audiences often only appreciate the aesthetic aspects of dance performances without understanding the cultural context or philosophical meaning behind the movements. Traditional dances with symbolism and stories are often reduced to mere visual spectacles, reducing appreciation of the noble values contained therein. In addition, local dance is often forced to adapt to international tastes in order to survive, which can lead to the loss of local identity inherent in the dance art.

On the other hand, globalization will also open up great opportunities for innovation in dance. Dance artists can now easily access various dance forms from various cultures, creating opportunities for cross-cultural collaboration and the merging of traditional elements with contemporary elements. Such collaborations allow the birth of new dance forms that are more universal, yet still full of cultural values. For example, choreographers from different countries often work together to create dance performances that combine Eastern traditions with Western technology, creating experiences that are engaging and relevant to a global audience. Such innovations can enrich the art of dance with new perspectives without compromising its traditional values.

Nonetheless, challenges remain, especially in maintaining a balance between preserving tradition and the need to adapt to the needs of the times. It is important for artists, cultural communities and policy makers to jointly formulate strategies for preserving traditional dance in the midst of globalization. Comprehensive cultural education, government support for traditional arts, and wise use of technology are some of the ways to ensure traditional dance remains alive and relevant. Globalization, if managed well, can be a powerful tool in strengthening dance, making it not only a cultural heritage, but also a bridge in creating understanding and harmony among the cultures of the world.

# **Conclusion and Suggestions**

Dance is a form of cultural expression that continues to develop over time, reflecting the identity, values and history of a society. However, in the face of changing times, dance cannot be separated from the challenges of globalization, modernization, and technological developments that encourage new innovations. On the one hand, traditions in dance play an important role in maintaining cultural roots and ensuring that ancestral heritage remains alive in the community. Movement, costume, music and performance structure in traditional dance are not only aesthetic, but also a means of conveying moral, spiritual and social values that have been passed down from generation to generation. Tradition provides a strong foundation for dance to ensure that art continues to have meaning and relevance despite the changing times,

On the other hand, innovation in dance provides space for artists to express themselves and reflect on contemporary issues. Innovation allows dance to expand beyond the boundaries of tradition, by adopting modern technology, experimental music, and cross-disciplinary collaborations that result in works that are fresh and relevant to today's audiences. It also provides opportunities for dance to reach global audiences, enrich forms of expression, and create a broader cultural dialog. Even so, this innovation must be carried out wisely so as not to obscure the original identity of dance art that comes from certain cultural roots.

Globalization, which is one of the main factors of change, has both positive and negative impacts on dance. On the one hand, globalization accelerates the spread of dance to international audiences, opening up opportunities for cross-cultural collaboration and creative innovation. However, on the other hand, globalization also brings the threat of cultural homogenization, which can cause traditional dance to lose its meaning and essence. This challenge requires artists and cultural communities to maintain a balance between preserving tradition and creating innovation.

Thus, dance art is at a crossroads, where tradition and innovation must complement each other, not negate each other. Tradition provides strong roots, while innovation offers wings to expand and reach the future. Both must go hand in hand so that dance can continue to live, be relevant, and become a medium of expression that reflects the complexity of an ever-changing world. Only by maintaining this balance, dance will be able to survive as a cultural heritage that not only enriches local identity, but also expands intercultural dialog in the global world.

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