



## A Model of Christian Family Post-Marriage Development to Prevent Divorce

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<http://dx.doi.org/10.18415/ijmmu.v10i9.4956>

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### **Abstract**

The phenomenon of the collapse of the Christian family in the midst of our nation is really very concerning. Basuki Tjahaya Purnama's (Ahok) divorce with his wife is a very relevant fact for researchers to reveal about this phenomenon. A phenomenal public figure has set a bad example and has silenced and tarnished basic religious values admired by other communities in this country. The researcher formulates the problem which will become the starting point for further research, as follows: 1) What is the root cause of the problem of divorce in Christian marriages and 2) what is the post-marital coaching model for Christian couples in order to prevent divorce. The research method used in this study is the observation method. The results of this study. The main problem that causes divorce in Christian families is the lack of understanding about monogamous Christian marriage (one husband and one wife) throughout life as a standard. The trigger factors for divorce are: economic problems, third party interference, infidelity and weak communication. The Christian Family Post-Marriage Guidance Model in Labuhan Ratu Sub-District, East Lampung Regency in Preventing Divorce which can keep Christian families from getting divorced, are: a. Introduction of Men and Women, b. Conflict Management, c. family altar and d. Communication.

**Keywords:** *Coaching Model; Post-Marriage; Divorce; Marriage*

### **Introduction**

The phenomenon of the collapse of the Christian family institution in our nation is very concerning. Basuki Tjahaya Purnama's (Ahok) divorce with his wife Veronika is a very relevant fact for researchers to reveal about this phenomenon [1]. A phenomenal public figure has set a bad example and has silenced and tarnished the basic values of Christianity which are admired by other communities in this country. This is one example of the collapse of a marriage that appears on the surface, because in fact it is not only Ahok who is experiencing this, there are many other Christian marriages that are also experiencing the same thing.

There are also Christian artists who openly declare divorce, without shame exposing their divorce in public, such as: Gading Martin and his partner Gisel [2]. There are others who are a little secretive about divorce but can be heard and known by limited circles, such as: Frangky Sihombing, a spiritual

artist whose songs were of very high quality a decade ago, but ended his marriage in divorce [3]. And maybe if we try to examine it further, of course there are many more such divorces. Not to mention the phenomenon of families who have been divorced even though they have not separated from their homes.

This phenomenon is difficult to detect because there will never be valid data, because all church denominations never allow divorce. Therefore, the researchers indicated that divorce is actually not limited to famous people or celebrities who are economically well-established, highly educated and usually live in cities. But divorce also occurs in the strata of society in the village which are classified as people with low education and at an economic level that is classified as poor. The issue of divorce is a big problem for the spiritual life of Christians, not just in quantity, but in relation to the truth taught by the Lord Jesus Christ.

Divorce is a violation of the values or principles of marriage behavior established by God. Marriage contains an element of promises that must be kept and held as an ethical principle towards other people (spouse). Divorce destroys the family structure that God has ordained as the smallest unit of society [4].

Divorce according to the Big Indonesian Dictionary comes from the root word divorce which means: to separate, to separate in terms of a husband and wife relationship, to break ties or to split. The failure of a husband and wife to understand the concept of Christian marriage is a cause, and divorce is an effect which is one of the many realities encountered in human life. In Greek, divorce comes from the word ἀπολύω (apolysai) the verb Aorist Infinitive Active from the root word ἀπολύω (apoluo) which means to divorce, set free, let go, send away, disperse.

The occurrence of divorce today, is caused by various factors, sometimes the trigger for divorce is only by small issues that really don't have to be an issue. The existence of divorce due to a lack of individual intimacy with God is also supported by a lack of understanding of the meaning of Christian marriage, which must live together until the end as has been ordained by God through His word. Disputes between the two parties are internal problems which are usually caused by conflict between the two parties which are triggered by the unstable family economy and the background of external problems is usually the environment or the presence of parties who have bad intentions to disrupt a marriage/family.

Husband and wife [5], hereinafter referred to as married couples, sometimes because of emotion or desire for a moment they divorce, without thinking about the consequences or impacts that will be experienced if they take divorce action. Couples think that by separating first (divorcing) they can overcome the dispute that has been going on, without thinking about the negative impact on the mental growth of their children if they divorce and the negative impact on the relationship between one family and another.

Divorce of married couples in the teachings of Christianity is clearly opposed and highly disliked by the Lord Jesus, because of that God hates the divorce of a marriage. So people decide to carry out a divorce not only harms the family, environment and children but also defames the sanctity of the Christian faith. Divorce is the breaking of the marriage bond between the husband and wife with the issuance of a court decision and there is sufficient reason that the husband and wife will not be able to live in harmony again as husband and wife. Divorce is also the decision of both parties so that the relationship that has been united by faith and by God's blessing, cannot be continued anymore and they decide to live their own next lives. Divorce is based on 2 sides, namely divorce on the religious side and divorce on the legal side (law).

In this regard, the researcher hopes that young Christians must understand the meaning and purpose of Christian marriage before entering the marriage ladder. Not only because you feel like or love alone, then decide to marry someone. Prospective spouses must first understand deeply the meaning of marriage so they must end it until death do them part. Getting married means they have united as partners

for life, therefore they must bring their marriage relationship closer to God, namely by praying together to Him, so that harmony and peace will be given to their family.

Some of the results of previous research indicate that the main factor causing divorce is the low level of understanding of the couple about Christian marriage, so that it automatically affects the level of harmony of the couple concerned. In Bernard Siburian's research, one of the conclusions stated that the divorce of Christian couples occurs due to inadequate preparation, commitment and consistency to the marriage vows of Christian couples in facing and living their respective married lives, which are less firm or inadequate [6].

Table I.1. Factors Causing Divorce

2019			2020				
No	Faktor Penyebab	Jumlah	Persentase	No	Faktor Penyebab	Jumlah	Persentase
1	Terus Menerus	244.452	55%	1	Peselisihan Dan Pertengkaran Terus Menerus	151.863	58%
2	Ekonomi	121.373	27%	2	Ekonomi	67.249	26%
3	Meninggalkan Salah Satu Pihak	60.241	14%	3	Meninggalkan Salah Satu Pihak	32.118	12%
4	Tangga	6.098	1,3%	4	Kekerasan Dalam Rumah Tangga	3.312	1,2%
5	Mabuk	2.313	0,5%	5	Mabuk	1.205	0,4%
6	Murtad	1.420	0,3%	6	Murtad	923	0,3%
7	Poligami	1.255	0,2%	7	Dihukum Penjara	736	0,2%
8	Dihukum Penjara	1.253	0,2%	8	Poligami	682	0,2%
9	Judi	1.135	0,2%	9	Judi	557	0,2%
10	Zina	820	0,1%	10	Zina	461	0,1%
11	Kawin Paksa	734	0,1%	11	Kawin Paksa	312	0,1%
12	Lain-lain	1.012	0,2%	12	Madat	273	0,1%
	<b>Total</b>	<b>442.106</b>		13	Cacat Badan	204	0,1%
					<b>Total</b>	<b>259.895</b>	

\*data sampai Agustus 2020

Likewise, another researcher, Nope H, who studied divorce in the Rote family community revealed: Their understanding of the teachings of Christian marriage and divorce is very limited; Even if they understand enough, it is only limited to the realm of knowledge, and has not been thought of as a character [7].

According to PNH Simanjuntak, divorce is termination for a reason by a judge's decision on the demands of one of the parties or both parties in a marriage. Divorce occurs because of problems that exist in a family, where the husband and wife cannot handle it and choose to divorce. One of them will file a lawsuit against the government, because marriage must be approved by the government and legalized by the government [8].

Furthermore, Frinsiska, also mentioned the factors that cause divorce are: (1) Weak commitment (2) Cheating or unfaithfulness (3) Conflicts and bad fights (4) Marrying too young (5) There are economic problems (6) There is a communication problem.

The results of Siburian's research conclude that the causes of divorce are: (1) First, there are constant disputes between husbands and wives. Disputes and sharp fights ensued, so that there was no hope of living in harmony again. The party that starts the most fights is the husband's side. (2) The second highest factor is that one party commits violence or severe abuse that endangers the other party and also acts of insulting the spouse or in-laws or members of the partner's family. (3) The third highest factor is one of the parties bound by bad habits: adulterers/drunks/drug addicts/gamblers. (4) The fourth highest factor is one of the married couples leaving or abandoning their partner.

From the understanding gained and studied by Bernard Sitorus, it is concluded that the factors that cause divorce are as follows:

- 1 Infidelity/ infidelity. The Bible shows that “marital infidelity” is the only reason in the Bible that God gets permission for divorce and remarriage. Many different views exist among Christian teachings regarding this precise definition of “marital infidelity.” This Greek word for marital unfaithfulness is found in Matthew 5:32 and Matthew 19:9, which when translated means all forms of sexual immorality including adultery, prostitution, fornication, pornography and incest. Since sexual union is an important part of the marriage contract, breaking that bond becomes a Biblical basis for divorce.
2. Economic problems, economic problems are also one of the triggers for divorce that couples often experience. Living in poverty is often stressful, and financial stress can lead to fights that can lead to divorce. Another issue related to money that can trigger arguments is the position of the wife who is a successful career woman in her work. In this case, the husband often feels less confident because the wife can contribute more income than herself. Even so, not all couples have the same view on this matter. There are also couples who think that this is not a problem and consider the contribution of each party as a teamwork.
3. Lack of awareness of responsibility, sometimes there are married couples who do not have a complete sense of responsibility towards their family and towards their children. They only focus on paying attention to their own interests, without looking at the mental and physical growth of their children.
4. Causes of divorce what often happens next is a mismatch in the relationship. For couples who have many differences from each other, it certainly triggers various problems in the relationship. Both in terms of religion, life values, to principles or rationale. If this problem cannot be compromised properly, it can certainly become a threat in the marriage relationship. That way, many people think that: it's important to talk about everything before heading to marriage. This is done in order to minimize incompatibility that can arise and become a problem in the relationship.
5. Communication between husband and wife and communication with children. What does it mean to live together if you never communicate? Especially if one partner lives away from home for work reasons. Poor communication can also make a household disturbed. Because if there is no communication between the wife and husband or with the children, then a harmonious relationship will also be difficult to achieve, what will happen is fights every day.

If no efforts are made to deal with this divorce issue, then it is possible that the divorce of Christian couples will be considered as a normal matter. Especially if the Christian couple is in a community dominated by people who do not prohibit divorce. Added to this is the heavy pressure of life in today's era of disruption (massive change). This would certainly be a tragic and catastrophic thing for Christianity.

This is in line with Siburian's statement in his research at Balige. This situation is seen as synonymous with the iceberg theory; that the divorce case for a Christian couple that was decided by the Balige District Court are things that only appear on the surface, but the phenomena that are actually possible are still piling up below and are only waiting for time to surface and one of the indications, appears in the percentage increase in these cases in 2017 it reached a figure of 47.61%..

Based on the researcher's search for various previous studies, there is no title that is exactly the same as this research, however, in the research below, the researcher considers that there is a similarity in direction, namely regarding marital harmony, with the title: "Theological Studies Regarding Harmonious Christian Marriage as a Contribution to the Continuity of Christian Marriage [9].

From the research described above it was generated description of the analysis of the continuity of marriage, as follows. :

Christian marriage will be successful, when each individual couple is able to realize their respective positions in marriage and carry out their respective duties and functions proportionally. Such a Christian marriage is a harmonious Christian marriage.

When one Christian married couples understand these three things, so Christian married life will be able to survive, be strong in facing various kinds of challenges and problems, and become a marriage. A harmonious Christian, according to God's will, is pleasing before God and will certainly be liked by others.

From this research, the implications are also obtained, as follows:

Christian couple marriage harmony for every Christian family is the longing of God's heart. Therefore, in this section the researcher will explain the theological implications of understanding harmonious Christian marriage. The implication of the importance of a harmonious Christian marriage will be created after the couple realizes the marriage well.

The existence or existence of Christian marriage on this earth cannot stand alone, Christian marriage has an attachment and connection with God. This is because God has a purpose in it. Wedding Christianity was created and planned by God from the beginning. Christian marriage is a representation of God to express His love. Intimacy in a Christian marriage is a picture of the intimacy between Christ and the church. Therefore Christian marriage must be moved according to God's own instructions and directions.

Christian marriage is an institution or institution of God, the church is also an institution of God. Therefore, the church as God's institution is given the task to overshadow the Christian marriage that God has entrusted. The church must pay special attention to Christian marriage. Because basically, the church is responsible for the continuity of Christian marriage. An understanding of God's word regarding a harmonious Christian marriage is truly understood and lived out by every Christian couple, because if this were not so, Christian marriages would be the same as community marriages in general. Therefore, the church needs to think and work hard on this. Exposing and teaching the truth of God's word must begin as early as possible in the church for Christian marriage.

This seriousness must be realized through forming a pastoral field who specializes in marriage counseling. In addition, the church also really needs seriousness in preparing its materials, as well as ideal time management. This is intended so that the counseling carried out really really make Christian couples understand and interpret a harmonious Christian marriage. Marriage counseling should be divided into two, namely premarital counseling and postmarital counseling. Pre counseling purposeful marriage to prepare couples who will marry with materials aimed at opening a broader and deeper understanding of harmonious Christian marriage. Meanwhile, post-marital counseling aims to accompany and mature Christian marriages in living a harmonious Christian marriage.

Besides throughprocuring marriage counseling, the church also needs to include materials regarding marriage in every presentation of God's Word in services or holding seminars formarrried couples to deepen their understanding of God's Word. So that it can provide a clear understanding of harmonious Christian marriage. Apart from being the church's task in maturing marriage through the methods above, Christians must be responsible for their respective marriages. This responsibility is a responsibility to God as the owner of the marriage itself, and a responsibility to the church which is God's representative to legitimize marriage, as well as to the family and the wider community as part of the country who see and take part in enjoying the marriage.

Christian teaching emphasizes that marriage is God's will, not a human idea. Marriage was held by God himself when humans were in a state of innocence. So far, researchers have the view that the marriage lessons given to Christian couples today are not enough. Pastoral service materials, namely

marriage catechism or premarital guidance and other titles must be complemented by a postmarital coaching model for Christian couples, so that the marriage that is formed is expected to be harmonious and last until the end, according to God's will.

From various expert opinions, the post-marital coaching model is summarized as material needs that should be studied by married couples who are married for a lifetime, including: From Cindy Beall, it is necessary to understand the importance of forgiveness and restoration for a betrayed marriage. Meanwhile, from Gary Chapman, it requires holistic communion and total commitment in realizing a marriage according to God's design. Meanwhile, Jonathan Parapak and Anne Parapak stated that marriage is the union of two different people who are equal and independent, separated from their families of origin [10].

A mature Christian is a person who must have harmony between his words and behavior, set an example throughout his life and continue to direct his life only to the Lord Jesus Christ. He must be able to be a bearer of peace for others.

Tati Prihati argues that spiritual life or spirituality is an attitude of life that puts into practice the power of the Spirit of God and the Holy Spirit in believers, so that they can develop into the image of God that is more in line with the ideals of the Creator. (Prihati, 2010). OndiSoandi and ArisSuherman provide an overview of the spiritual capacity of a married couple, namely the ability of a Christian to motivate himself to be able to relate to God and to apply the essential truth in his life [11].

John M. Nainggolan quoted Chris Hartono's statement which stated three things to measure a person has maturity that is ready to marry, namely:

First, the person must be firmly rooted in Christ and make Christ the source of his life. Second, must always be in fellowship with His church and brothers and sisters in faith. Third, one must always live in redemptive activities, namely trying to encourage, restore, help, heal the inner wounds of oneself and others outside of oneself [12].

In line with Gultom's opinion and based on the theoretical description of spirituality above, according to the author, the values of Christian maturity in one's personality can be described in two parts, namely the personal dimension and the relational dimension. The personal dimension concerns the relationship with the Lord Jesus, according to the Christian faith is rebirth and the relational dimension is the manifestation of the Fruit of the Spirit. The personal dimension is matters relating to the person of the individual, while the relational dimension is matters relating to the relationship between individuals and others [13].

To become an adult Christian and ready to marry (form a family), there are spiritual requirements that must be possessed.

#### 1) New Born

A mature person, besides having professional abilities in general, must also have a spiritual experience with the Lord Jesus Christ. Let him experience the new birth correctly. In the sense of knowing, believing and receiving the Lord Jesus Christ personally. That way he has confidence in his own salvation which is based on his faith in the Grace of Jesus Christ, then lives led by the Holy Spirit.

Homrighausen and Enklar stated that the conditions for becoming spiritually mature are having spiritual experience, having a true desire to convey the Gospel to fellow human beings, having adequate knowledge of the contents of the Christian faith, knowing how faith grows in the human heart and how that faith develops in the whole life of a believer. A person who is ready to start a family must show loyalty to his church, have an honest and high quality personality [14].

John M Nainggolan argues that a Christian is called to share the eternal treasure, namely the news of salvation to students. An adult Christian who has spiritual competence must have a strong urge to bring his family members to the knowledge of the Lord Jesus, so that he can use the best possible time to preach the Word of God through his family process.

Dick Eastman provides an understanding that a person who believes in Christ is required to worship God in worship [15].

David Cupples, argues:

“A number of men and women who highly value the calling of God in Christ Jesus, will be able to meet the secularism and skepticism of our time with a challenge that is not easy to laugh at and ridicule.” [16]

Christians who are mature and want to enter the household ark, neglecting the sacred marriage ladder, should have attained good abilities.

## 2) Producing Spiritual Fruit

No Christian can convey the truth successfully, if he does not apply the truth to himself. A mature Christian life that can build his personality, for example: having been born again, having a private prayer/shade time to meditate on His word, reading God's word regularly and having a spiritually healthy community.

This is a picture of the spiritual life of an adult who grows and makes the knowledge of God the basis of his life.

Bible verses about divorce, among others, are:

Jeremiah 3:1 His words: “If someone divorces his wife and she leaves him and becomes another man's wife, will the first man return to that woman? Isn't that country already polluted? You have committed adultery with many lovers, and want to return to Me? Thus says the Lord.

Luke 16:18 “Everyone who divorces his wife and marries another woman commits adultery; and whoever marries a woman whose husband divorces her, commits adultery.”

Romans 7:3 So while her husband is alive it is considered adultery, if she is the wife of another man; but if her husband is dead, she is free from the law, so she is not committing adultery, if she becomes the wife of another man.

Mark 10:11-12 Then he said to them, “Whoever divorces his wife and marries another woman, he is living in adultery with her. And if the wife divorces her husband and marries another man, she commits adultery.” 1 Corinthians 7:11: And if she is divorced, she must continue to live without a husband or make peace with her husband. And a husband cannot divorce his wife.

The framework of thought is an important part of research, which shows the way of thinking of researchers in a study, so that research implementation has a clear direction and focus. The framework of thinking explains theoretically the link between the variables studied [17]. The framework for thinking in this research includes:

1. The essence of Christianity is belief in Jesus Christ as God, acceptance of salvation as His gift and faith in the resurrection of Jesus Christ from the dead and then ascended to heaven according to the gospel message.

2. Christian Religious Education is a process of teaching and learning that is based on the Bible, centered on Christ, and depends on the Holy Spirit, which guides every individual at all levels of growth, through contemporary teaching towards knowing and experiencing God's plan and will through Christ in every aspect of life and equipping it for effective ministry, centered on Christ the Great Teacher and the commandment that matures the disciples [18].
3. Marriage is a divine institution that has been designed and formed by God himself. In Genesis 1:27-28; 2:19, 21-25 it says that God acts actively and unites people, namely men and women and blesses them to become a family. Christian marriage is a marriage that is based on the Lord Jesus Christ, and is bound by love, fidelity and legal law so that it lasts until the end.
4. Marriages that have collapsed with divorce, as stated in the introduction, are the problems that are targeted in this study. Even though there is premarital counseling or other designations such as premarital catechism. The Lord Jesus Christ taught that there is no divorce except by death. Various aspects of the implementation of the marriage curriculum according to PAK as a determinant of upholding the truth are to be examined here. The curriculum as a breakthrough effort, can better guarantee every Christian marriage lasts until the end.

Oriented to the background and problems in this study, the focus of this research is the root cause of divorce in a marriage. The researcher formulates the problem which is the starting point for further research, as follows: "What is the root cause of the problem of divorce in Christian marriages and what is the post-marital coaching model for Christian couples in order to prevent divorce from happening.

One of the processes in every life that will be experienced by someone is getting married and having a family life that will lead to happiness. Family life in which husband or wife promise to be faithful until death do them part. The God who instituted, legitimized, and glorified marriage.

Starting from this, the researcher intends to explore Christian marriage in answering the problem of divorce that occurs in Christian marriages. The purpose of this research is to find out:

1. The main problem that causes divorce in Christian marriages.
2. A post-marital coaching model for Christian couples who can maintain the integrity of their marriage to the end.

Based on the problem situation studied, the research method used in this study is the observation method, namely a research method that specifically examines events or phenomena that exist in reality.

In this study the researcher seeks to obtain information about marriage preparation, the causes of divorce in a Christian marriage and further describes: The post-marital coaching model in Christian marriage which ensures that the marriage is maintained until the end (prevents divorce).

## **Method**

This research was conducted in Labuhan Ratu District - East Lampung Regency, which includes: GPdI, GKSBS, GPI, and GBI Congregations in Labuhan Ratu District - East Lampung Regency, from March 2022 to August 2022. To obtain research data, the researcher used the following data collection techniques:

First, to describe Christian marriage, researchers use literature studies or document/library studies, which collect sources from certain books that discuss Christian marriage. Second, to explore Christian Family Post-Marriage Guidance Model in LabuhanRatu District - East Lampung Regency Preventing Divorce, researchers conducted interviews with 6 (six) respondents who live in Labuhan Ratu sub-district - East Lampung Regency and 3 (three) experts who master the field



of Christian marriage outside Labuhan Ratu district. Thus the researchers obtained data regarding the Christian marriage post-marital coaching model from the PAK point of view. Third, to formulate Christian Family Post-Marriage Development Model in Labuhan Ratu Sub-District, East Lampung Regency Preventing Divorce, the researchers conducted follow-up interviews with 6 (six) respondents and 3 (three) experts who had been interviewed from the start. Thus the researcher obtained the main problem (root problem) of the causes of Divorce and the Model of Post-Marriage Development in Christian Families in Labuhan Ratu District - East Lampung Regency in Preventing Divorce.

## ***Results and Discussion***

From the data obtained regarding the wedding preparations for Christian couples in Labuhan Ratu District, most of the respondents considered that the wedding preparations carried out were sufficient, because each service already had teaching materials and was followed by pre-marital preparation rules that must be given to prospective couples. Researchers consider that even if there is a lack of preparation, it is usually only incidental. Thus it can be said that pastorally the church has made preparations for prospective married couples who will enter the marriage stage. However, it was found that married couples who had been well prepared did not/did not yet have a good understanding of Christian marriage. So that the marriage is often not harmonious and there are even marriages that cannot last until the end.

In subsequent interviews, the researcher found data that the preparations made by the church were actually adequate, according to the standard order for all churches. Regarding teaching materials in preparing for marriage, respondents stated that every church in Labuhan Ratu Subdistrict, with different denominations, however, all of them had provided teaching for their prospective spouses. The material is given for the introduction period (premarital) in which it also talks about sex, then after marriage the couple participates in existing church activities.

Especially what happened in GKSBS Labuhan Ratu District, all of that had been prepared, namely the subject matter and the catechism teacher. The church has prepared a special team as teachers. Respondents as pastors talk about their theology, then others talk about family. Until now all teams work together and share tasks. For the quality of teaching materials, they already have guidelines from the synod. Besides that, they always bring it into prayer, so that the wishes of the prospective couple who enter the marriage are in line with the teachings of Christ and in accordance with the expectations of all parties. All services in Labuhan Ratu Subdistrict, conveyed similar results during interviews with researchers.

### **A. The Main Causes of Divorce in Christian Marriages in the District Labuhan Ratu**

Even though all Christians know that Christian marriages cannot be divorced, the divorce rate continues to increase. From this research it was found that the basic truth of Christian marriage as an eternal monogamous marriage seems not to be fully seen as a standard. This assumption is certainly not without reason, because the answers of divorced couples are relatively the same, Christian couples get divorced because there is no match/no match anymore. Supposedly if a Christian marriage is perpetually monogamous the reason for the divorce of a marriage should be simply apostasy.

In this way, every Christian couple who thinks/has ever thought about divorce is the same as entering a life of sin and leaving the glory that God has bestowed upon them. This is in accordance with Erastus Sabdono's statement, in his book: *Divorce, The Nature of Marriage According to the Bible*, that the practice or act of divorce occurs because humans have fallen into sin and lost the glory of God [19].

In fostering marriage (family), couples must carry out their obligations together without any compulsion or mutual demand each other. Likewise, marriage will be stronger and happier if each couple

presents God to tie the ropes of love and love, so that they can live the ark of the household with God's guidance and help [20].

According to the results of this study through analysis of existing data, in fact Christian marriage is monogamous until the end it must come to an understanding as we know that  $3 \times 3 = 9$ . Literally all Christian couples should understand that a man marrying a woman is monogamous until the end of his life. When things outside that happen, the meaning of divorce does not mean that it is sinful, but it should be interpreted by the couple, that the person involved is saying that  $3 \times 3$  is not the same as 9.

It is the responsibility of learning PAK, how to teach Christians, that Christian married couples are monogamous to the end and do not know divorce. Christian holy marriage is a monogamous marriage until the end it must be understood as a "standard standard". This should be the basis for teaching and coaching in Christian marriage, so there is no room outside of it. In line with the Word of God which states that: "Thus they are no longer two, but one. Therefore, what God has joined together, man must not separate (Matthew 19: 6).

Through this research, it can be seen that the potential for divorce for Christian couples will increase if the PAK together with Pastoral as the stage holder, fail to instill the correct understanding of monogamous Christian marriage until the end. The apostle Paul's message to Timothy in I Timothy 5: 8: which says that, "But if anyone does not take care of his relatives, let alone his household, that person is an apostate and is worse than an unbeliever." This explains that divorce has the same meaning as not taking care of the whole house. Because as we know that the core of a house whose institution is commonly called a household is a husband and wife. Therefore it must be used correctly, that divorced married couples are a category of Christians called apostates.

Marriage is something sacred, so it should not be tarnished by sexual relations with people who are not partners. This includes premarital sexual relations as well as postmarital sexual relations (affairs). Sexual intercourse before marriage was considered adultery (Acts 15 : 20; 1 Cor 6 : 18). Likewise, adultery is adultery (Ex. 20:14; Matt. 19:9). Those who tarnish marriage with adultery will be judged by God (Hebrews 13 4), because marriage exists and exists by God's design and grace.

The element of true love is the intent of Paul's writings in the Ephesians. Paul remembers that in marriage (husband and wife) have love in establishing and building a family. Ephesians 5:25: Husbands, love your wives as Christ loved the church and gave himself up for her to sanctify it, after he had purified her by washing her with water and the Word. Paul's letter to the Ephesians reminds how the role of women as wives and men's roles as husbands in establishing a relationship together. The point is to apply true love as Christ gave His true love for His church.

From the description above, we can see that the main cause of divorce for Christian couples in LabuhanRatu District is a weak understanding of the truth: that Christian marriage is monogamous and lasts until the end. As for the triggering factors for married couples to end their marriage from the results of this study are: economic problems, third party interference, cheating and Domestic Violence (KDRT).

## **B. Christian Family Post-Marriage Development Model in Preventing Divorce**

According to this research, based on existing data and related to the truth of the Bible, where Christian marriage is monogamous and ends, then a coaching model that contains teaching about this matter must be carried out for all families. This Christian family's post-marital coaching model forms the basis for Christian families, so that the word divorce/separation in Christian marriage is no longer known. Christian families need to get a post-marital guidance model based on PAK. This coaching model functions as a guide and guide/handbook for educators in teaching. The post-marital coaching model is a procedure or procedure that is compiled and used, in which there are teaching materials or teaching

materials which are family learning experiences, so that they can maintain the continuity of marriage until the end.

In the application of this post-marital coaching model, it may relate to various disciplines, such as psychology and leadership, etc. However, this post-marital coaching model is an integral part of PAK. Because the principle of Christian marriage cannot be separated from the knowledge of Christian theology and PAK. Therefore the post-marital coaching model is an inseparable part of PAK.

According to Ritonga and Rantung, the coaching model that will be used needs to be designed or arranged according to the goals and needs. The post-marital coaching model implemented by Christian institutions, families, churches and schools must originate from God's truth, where every married couple is led to learn and find God's truth, namely the truth that is revealed through natural law and through revelation, namely the Word of God (the Bible) [21].

Robert W Pazmiño said that in developing a coaching model it is necessary to mix Christian content and experience so that the minds and lives of participants can be influenced and changed by God's truth. Meanwhile, LeBar said that Christian content without experience is empty and experience without Christian content is blind. According to him these two things must go hand in hand. An effective post-marital coaching model includes Christian content and experience, so this coaching model has the potential to change lives (transformation).

Miller said the coaching model consists of three scopes, namely: Bible-centric, material-centric, and life/experience-centric. Bible-centric contains: creation, covenant, redemption, fellowship, and fulfillment; -centric materials contain: Bible material, the importance of the church, and theology; life/experience-centric pivots on needs that need to be met such as acting, knowing, and believing in a lasting and harmonious monogamous marriage.

The post-marital coaching model needs to be reviewed, updated and evaluated so that it is always according to needs. The content in Christian teaching is the truth revealed in Christ Jesus and the Bible through the work of the Holy Spirit and the truth that can be seen in all of creation.

Because of monogamous marriage and to the end that God has stated in His word, namely: "because the husband is the head of the wife just as Christ is the head of the church. He is the one who saves the body (Eph. 5: 23). Monogamous marriage, holy and to the end is an absolute standard in it. Therefore the church must make the institution of marriage one of the priorities that must be the concentration handled in the field of PAK, especially post-marital development.

From the research, it can be seen that the existence of a post-marital family coaching model that refers to PAK will synergize with premarital catechism/guidance and other designations in shepherding for the realization of monogamous marriages that last to the end and take place harmoniously.

From the data of this study, it was found that the post-marital coaching model that must be provided for Christian marriages is in the form of: Introduction of men and women, Marriage/Family Altar, Conflict Management and Communication. This is the core lesson that must be carried out in the postmarital formation model for Christian marriage.

The church has another calling task, namely for post-marital coaching services for every Christian family [22]. The post-marital coaching model service that is intended is a service related to educating or fostering each family on an ongoing basis. The church needs to equip every Christian family in building a marriage according to God's will. It is not enough to do this only from the pulpit through sermons, a postmarital coaching model is needed.

The post-marital coaching model for Christian families or marriages must be carried out in a planned manner and included in the routine program at the church (congregation). Forms of coaching can be done through the learning process in the classroom. Churches can use a variety of creative methods such as catechism classes for pre and post marriage, seminars for married couples, training, retreats, sharing groups, etc.

Various topics can be designed to raise a family. Themes around: communication in the family, children's education, economic problems, family health, social responsibility in the church and society, etc. can be used as construction materials or materials.

This coaching model can be done individually or in groups. The group coaching model is carried out to share experiences in terms of building a Christian family. In certain cases, a personal approach will make it easier for the congregation to be open and free to share their experiences or problems without other people knowing. The coaching model with the catechism class method can help each pair learn from the life experiences of other couples.

Various coaching efforts through premarital catechism or postmarital catechism classes must be carried out and improved by the churches. Even the quality of premarital and postmarital catechism needs to be improved. Coaching needs to be an important concern in premarital catechism in a fairly long period of time. The church can do it for three months or six months.

This post-marital coaching model it can also bring Christian families to become more aware of a life of faith, a life that depends on God, so they are able to practice love, and strengthen their Christian faith in living the household ark. Through the post-marital coaching model for every Christian marriage, it is hoped that: the family will become stronger, can always be close and united with Christ, so that they can realize their role in the life of the congregation and society.

The church has a big contribution to the growth of faith and maintaining the integrity of the marriages of its congregation members. This pastoral and coaching task must be carried out in earnest, not half measures. If the Church carries out this task with full responsibility, then every family will be cared for and cared for so that it becomes strong. A strong family will have an impact on the strength of a fellowship in the church, and have a wider impact, namely the strength of the life of the people and nation of Indonesia.

The Christian post-marital coaching model that has been presented above, can be described as follows. :

1. The introduction of men and women, meaning that after marriage, couples need to thoroughly study women and men. This of course concerns all psychological aspects as well as cultural aspects. So that each individual can easily adapt to each other.
2. Conflict Management, meaning that the couple must enter into conflict between the two parties. But conflicts that are managed properly, will not have a bad impact. The conflicts experienced should be resolved through constructive dialogue.
3. Family Altar, meaning that after marriage the family is no longer dependent on other parties. The family altar is a manifestation of the decision of the married couple who must be determined to depend on God together.
4. Communication, meaning that couples throughout their lives must be open to each other, have proper communication and be able to is an absolute requirement that must be owned by couples.

## Conclusion

1. The main problem that causes divorce in Christian marriages is a lack of understanding about Christian marriage which is monogamous (one husband and one wife) throughout life, as the standard of marriage. The triggering factors for Christian family divorce are: economic problems, third party interference, infidelity and weak communication.
2. The model for Christian Family Post-Marriage Development in Labuhan Ratu Sub-District, East Lampung Regency Preventing Divorce, can keep Christian families from experiencing divorce, namely: Introduction of Men and Women, Conflict Management, Family Altar and Communication.

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