



## Sustainability of Sport-Specific Class in Senior High School

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### **Abstract**

The main objective of this research was to find out and analyzed about the continuity of special sports classes in the Senior High School, this study was conducted at Senior High School 4 Tegal. This research used descriptive approach. Distributed data, document analysis, and interviews. This research is a qualitative research and is presented in a descriptive approach. Data is collected by observing, analyzing documents and interviews were conducted for principals, teachers, trainers, parents of students. Research location in Tegal City Senior High School 4 The locations are summed up with analytical data. The Results of this study are special classes for active sports for 3 years from 2013-2016 and closed in the fourth year in 2016/ 2017. Based on the results of the study it can be conclusions that the special sports class runs for 3 school years from 2013 to 2016 with some quite good achievements, but in the fourth year the special class does not accept students, with reasons that are incompatible with the focus on the government social machine class by diverting supervision, the responsibility of the city education office to the provincial education office in 2016/ 2017 was less consistent with the implementing party.

**Keywords:** Sport Class; Achievement; Organization; Pedagogy

### **Introduction**

In the city of Tegal in 2013 the first sports class in Senior High School 4 of Tegal City was started which is believed to hold special sports classes because it has more achievements in the field of sports compared to the high schools in Tegal City, it became one of the reasons why Senior High School 4 of Tegal City was held Special Sports Class. In its implementation, approximately 3 years of sports class at Senior High School 4 of Tegal City had some improvement in achievement, but in the implementation it also had obstacles so that it was not in accordance with what they wanted, by looking at the decreasing achievements and not receiving more students in special sports classes because of the closing of the program. sports class from the government. Therefore, this research needs to be carried out to find out how to manage sports class programs in Tegal City and the reasons for the closure of sports classes.

Activities that are more directed to the learning process have been carried out in schools through programs contained in the curriculum of sports and health physical education subjects. With the holding of special sports classes in areas ranging from junior high school to high school, the government expects athletes who excel at the city and regency level to develop and achieve maximum performance and

become seeds that can be raised but achievement in sports and academics must support each other not happens to an imbalance in achievement.

Departing from the sound of this article can be seen that education is a system which is a totality of structures consisting of components that are interrelated and collectively towards the achievement of goals (Soetarno., 2003: 2). Students' interests or talents can be directed and produce one maximum achievement. Good management, management and coaching in this particular sports class will greatly help the regional athlete nursery. According to Syamsir Torang (2014: 165) "Management is process oriented which means that management needs human resources, knowledge, and skills so that activities are more effective or can produce actions in achieving success".

The school is an institution designed for teaching students/ students under the supervision of a teacher. In (Law No. 20 of 2003 concerning the National Education System) explained the notion of education is a conscious and planned effort that is incorporated into the goals of national education and education in primary schools, namely, to realize the learning atmosphere and the process of learning activities with the aim that students actively develops his potential to have religious spiritual strength, self-control, personality, intelligence, noble character, and skills needed by himself and society, in the nation and state.

Schools that hold sports class programs have activities that are so complex since the planning process that includes the formation of a special sports class committee, the selection of candidates for sports classes, curriculum making, the determination of qualified teaching staff, and the preparation of adequate facilities and infrastructure, which requires well so that the purpose of holding a sports class program can be achieved effectively and efficiently.

### ***Methodology***

This research was conducted at Senior High School 4 of Tegal City. This research is a qualitative research and is presented in a descriptive approach. Data is collected by observing, analyzing documents and interviews. Interviews were conducted for principals, teachers, trainers, parents of students. Research location in Tegal City Senior High School 4 The locations are summed up with analytical data. In this study, researchers used qualitative analysis techniques, namely by remembering a number of data that has been collected mostly is qualitative data. The data analysis model is data triangulation with several informants.

### ***Result***

Special sports class is one program that aims to improve and produce young seeds who excel in the field of sports. This activity program is still very new because it only started in the 2013/2014 school year. The history of organizing Special Sports Classes is based on several factors, namely, the number of outstanding children in Senior High School 4 in Tegal City, schools have supporting facilities (soccer/ futsal courts, basketball courts), in addition, the vice principal of student affairs is also revealed. Mr. Priyono said:

"Maybe one of the things that causes Senior High School 4 to be appointed by the city government of Tegal because formerly Senior High School 4 was SGO (School of Sports Teachers) so we were appointed to organize Sports Classes"

Before carrying out a special sports class program the principal and the teacher carried out a review of schools in Central Java to learn and understand how the implementation of special sports classes that had been running, like what was said by Mr. Wiyarna as Principal when the establishment of her Sports Class said:

"Before carrying out our study appeal to high school students who have started special sports classes such as Senior High School Sewon Bantul, Senior High School 3 Purwokerto, we say how to manage sports classes"

With a review that has been carried out to various high schools in Central Java who have carried out Sports Classes and with consideration to advance the achievements in sports Senior High School 4 agreed to carry out Special Sports Classes at Senior High School 4 starting in 2013 with the decree from the Tegal City government number 422.1/ 019 which stipulates high school 4 as the organizer of a sports class program in the city of Tegal. In the process of admission to school sports classes, they have made plans for the preparation of sports class programs, namely:

- 1) Make planning, implementation and reporting of Sports Class programs
- 2) Selecting prospective students
- 3) Prepare a budget plan
- 4) Choose prospective trainers
- 5) Conduct coordination meetings with parents
- 6) Carry out evaluations
- 7) Design and print student achievement results

The existence of Special Sports Classes is one form of ways to promote sports in regions especially the city level. At the beginning of the establishment of Senior High School 4, there were quite a number of achievements which showed its existence in the city of Tegal, one of which was RUNNER UP in the high school popda level in Tegal City in the first year of the establishment of a sports class which in previous years was only ranked 4 or 5 and many students were joined in the popda team Tegal City preparations for the residency level. Like what was delivered by Mr. Supriyono as follows:

"At the beginning of our sports class, we were very proud of the achievements that were achieved as the second overall champion or runner-up in the popda event as our benchmark"

With the continued development and increasing interest of athletes from junior high schools who want to enter sports classes, it is one of the successes of sports classes in attracting junior high school students in Tegal and surrounding areas. With this good achievement, the name of Senior High School 4 in Tegal City is attached to the sports class even called the school of athletes by the local people, following the achievements of the sports class in the regional sports week:

**Table 1** The achievement of sport-specific class

School Year	MEDAL			Note
	I	II	III	
2013/2014	14	8	12	Runner Up
2014/2015	20	8	8	Overall Champion
2015/2016	19	6	11	Overall Champion

Sports classes that have one class each class holds 30-36 students each year. With a small number but many sports branches are included in one sport class, from various sports such as soccer, futsal, volleyball, basketball, table tennis, tennis, swimming, and there are still several other sports. The curriculum in the sports class is the same as the regular class, especially in the Social Sciences department (IPS) because most students in the value sports class at the initial registration are below the standard of Senior High School 4 Tegal, if there are students who excel in sports and have grades the high school does not require entering sports classes but can choose in the regular class. This was clarified by the statement from Mr. Priyono namely:

"At the beginning of admission, we have told students when entering the automatic sports class majoring in IPS, but if students who have high grades can choose to enter regular or sports classes, it can be said that the sports class is just the name and the contents of one class are all but because of the power it's only one class, many athletes enter the regular class"

In the peak period, the achievement of the sports class was obtained, it could not last long, not a decline in achievement in sports class, but the closing of the sports class at Senior High School in Tegal City in the fourth year of the establishment of the sports class in the 2016/ 2017 academic year did not receive students anymore. specifically for sports and automatically the students in the remaining sports classes enter into the regular class with the Social Sciences (IPS) major in accordance with the rules made from schools that have been approved by students and parents when entering sports classes as said by Mr. Supriyono as follows:

"Automatically Special Sports Class students enter Social Sciences and not one class is separated, because it can adjust the lesson"

The closure was carried out by the school with the reason that the source of the government was stopped for the sports class, this was conveyed by the student council, namely Mr. Supriyono as follows:

"The school stops receiving and stops training activities or all activities other than learning in sports classes because funds from the City are not disbursed anymore and we don't know the reason for what reasons"

With the cessation of funds from the city government which is the main contributor to the sports sector, Tegal City Senior High School 4 cannot do much because funding is almost 100% using assistance from the city government. Schools cannot continue sports class activities that require quite a lot of money if everything costs are borne by school funding. Apart from the stopped sources there are several other factors which are the reason for the closure of the sports class delivered by the principal who served at the closing of the sports class. As Mrs. Rosa said as follows:

"The closing of the sports class is basically a source of funds from the city government that is no longer there because the transfer of authority from the city government is transferred to the provincial government for high schools and there is no increase in the amount of funds spent each year from the city government while the sports class increases. from grades 10, 11 to 12. "

With the transfer of authority from the city government that was transferred to the provincial government the source of funds was stopped. But not Mrs. Rosa also synchronized several factors from the school which was the reason for closing the sports class. As stated as follows:

"In addition to the sources of reasons for closing the sports class because of the high school 4 teachers who are less supportive or less committed in running special sports classes, especially sports teachers, since the pioneers of the sports class, Mr. Sholeh retired and no one has continued the

management of special sports classes from sports teachers who still in High School 4 is less committed to continuing Sports Classes. "

### ***Discussion***

The continuation of sports special classes in Senior High School 4 in Tegal City does not last long from the year of formation until the closing year of the 2013/ 2014 academic year until 2016/ 2017. The history of the Special Sports Class is based on several factors, namely the many outstanding children in Senior High School 4 Kota Tegal, schools have supporting facilities (soccer/ futsal courts, basketball courts). With the transfer of authority from the city government that was transferred to the provincial government the source of funds was stopped, lacking commitment in running special sports classes, especially sports teachers.

As a guidance for sports class in its management it is still lacking with a number of management principles that have not been implemented properly in special sports classes such as controlling, supervising from activities to training so that the management is not yet maximal and has not yet produced or reached the maximum point of management in special classes. Sports.

Researchers found there are still many important documents that are not archived as a form of the process of the development of special sports classes in Senior High School 4 in Tegal city until closing. For example training programs or work programs for sports classes that are not clear. Another thing found in the field is that the evaluation schedule is set too long every one semester and does not lead to specific evaluations in sports classes, this will also determine the next work program.

### ***Conclusion***

Special sports classes run during the 3 year period of the year 2013 to 2016 with some quite good achievements, but in the 4th year period the class is not suitable for students, with reasons that are not in accordance with the needs of the sports class government policy with oversight, the responsibility of the city education office to the provincial education office in 2016/ 2017, and there is no consistency between the implementing party, in this case, the teacher in conducting learning outside of a very simple structure or organization will not be optimal in running a sports class.

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